A Report of the Number of Meals that Don has eaten

Having consumed many, many meals from my birth to today, November 1st, 2026, precisely **26,032** days have elapsed...

After removing the 1st hundred days or so as a baby & a couple dozen "sick days," it gives me a count of about 25,900 breakfasts, lunches & dinners with an educated guess of ~22,000 snacks, totaling around 99,700 meals in total…

This is 71 years, 3 months, & 6 days... to expand the rough estimate of days since birth, it's fascinating to see how the evening meals stack up across different chapters of life—from childhood years & service days, through the decades of career & family life to today

A Breakdown of My Life Eras

> My Childhood & Youth (1955–1970) holds ~5,639 meals (accounting for infancy, where solid foods gradually entered the picture)
> The Army & 1970s (1971–1979) gave me ~3,287 meals, covering mess halls, transitions, and my early adult independence
> The 80s & 90s have exactly 7,305 meals, combined across two full decades of establishing careers and family
> The 2000s & 2010s hold another 7,305 meals, spanning two stable decades
> Finally, from the 2020s to today there are another 2,496 meals up to the writing of this report

As the sun would have up been in the sky for my birth, this was my 1st sunrise…

~4:55 AM on Mon, 25-Jul-1955	~9:55 AM on Mon, 25-Jul-1955	[US time]

As of now (which could be day- or night-time), there have been…

~11:17 AM on Sun, 01-Nov-2026	~26,032	sunrises / sunsets

Years	71	25,971	(tweaked)
Months	4	34	ish
Days	25	25	(adjusted)
Hours	7	0.2917	ish
Minutes	39	0.0271	ish
Seconds	56	0.0006	ish

Avg days in a month:

30.4375	
Jan	31
Feb	28.3
Mar	31
Apr	30
May	31
Jun	30
Jul	31
Aug	31
Sep	30
Oct	31
Nov	30
Dec	31

Seconds… (unless you die!) you live for:
86,400 seconds in any given 24-hour day,
~606,877 seconds in a "calendar" week (7.02 days), &
31,557,600 seconds in each year that you're alive…

So… here are stats:

Online calc v

Age: 31.7 | *31.689* | *0.0007*

1,000,000,000 I hit a billion seconds in 1987, at
~6:42 AM on Thu, 02-Apr-1987
… which was when I hit 31 & 2/3rds
0.00 32 32 *is the published number*
(error:9 places)

Age: 63.4 | *63.378* | *0.0014*

2,000,000,000 seconds then arrived in 2018 at…
0.00 ***~8:29 AM on Sun, 09-Dec-2018***
… which was when I was a tad over 63 & 1/3rd

Age: 95.1 | *95.066* | *0.002*

3,000,000,000 and I have to hit 95 years (and a little) to hit the big 3 billion!!
0.00 ***~10:15 AM on Wed, 17-Aug-2050***

[signed]
Don Shave
November 1st, 2026